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| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| Olympic Club: 8:45am-10am  North Beach Citizen: 10:30am-11:30am  Open for Privates:  2pm-6:30pm  \*\*\*  IYISF: 7:30pm-9pm | **Open for Private Classes**  **8am-12pm**  **1:30pm-2:30pm: Private Student**  **3pm-8pm: Taking Class** | **6am-7am: Corporate Class**  **Olympic Club: 9am-10:15am**  **Open for Privates: 1pm-6:30pm**  **\*\*\***  **IYISF: 7:30pm-9pm** | **7:30am-8:30am: Corporate Class**  **Olympic Club: 1:15pm-2:30pm**  **Open for Privates: 4pm-6pm**  **Bay Club:**  **7pm-8pm** | **6:30am-7:45am**  **Bay Club**  **9am-10:15am**  **Telegraph Hill (when 4 students)**  **Open for Privates:**  **11am-5pm**  **Once a month restorative: 6pm-8pm** | **7am-9am: Taking class**  **10:45am-12:15pm: IYISF**  **Saturday PM/Sunday**  **Workshop or Special Class Series only** | NO CLASSES |

**\*\*\* Until January 24th, I am teaching at Satori 5:15pm-6:45pm**